

## OB Visit Schedule

1st Visit	6 - 11 wks.	NOB Counseling
		First Exam
		Visit lasts 1 - 1 ½ hours with MD
		Discuss genetic screening options

2nd Visit	10 - 14 wks.	First Screen or Sequential Screen @ Texas Perinatal Group
	10 - 15 wks.	Listen for the baby's heart beat
		Genetics counseling at Texas Perinatal Group if 35 y/o or if your family history is positive for abnormality(s)
	15 - 17 wks.	Maternal Serum Screening Test, if desired

3rd Visit	15 - 20 wks.	Routine visit
		Register now for prenatal classes, to reserve a space (20+ weeks)
		Pre-register for admission to Seton Medical Center
	18 - 22 wks.	Anatomic screening by ultrasound, to be scheduled here with our Registered Diagnostic Medical Sonographer, Anita Elizondo or Machel Forrester or at Texas Perinatal Group.

ALL REMAINING VISITS:	24 - 28 wks.	Routine visits every 2 - 4 weeks
		Screening for Gestational Diabetes and Anemia
		Rhophylac for indicated Rh neg. patients (at 28 weeks)
		Initiate classes - Childbirth, Breastfeeding, Infant CPR & Baby Care Basics
		Select a Pediatrician
	28 - 36 wks.	Routine visits every 2 - 3 weeks
		Begin keeping track of the Fetal Kick Count on a daily basis at 32 weeks (see handout)
	37 wks.	Baby is considered term
	36 - 41 wks.	Begin weekly visits
		Group B Strep Screen (GBS)
	40 wks.	Due date
	40 - 41 wks.	Non stress test and ultrasound after 41 wks.
	42 wks.	Upper limit of length of normal pregnancy
		Probable scheduled Induction